



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

**SCHOOL
BREAKFAST
WEEK**
MARCH 2-6
SquareMeals.org/SBW

M TAQUITOS & QUESO, CHARRO BEANS, CORN, SALSA, APPLE, BROWNIE, MILK 2	T MEATBALL SUB W/ TATER TOTS, VEGGIE CUP, STRAWBERRIES, MILK 3	W CHICKEN NUGGETS, MAC&CHEESE, GREEN BEANS, SALAD, GRAPES, MILK 4	TH PIZZA, TOMATO CUP, CORN, FRUITY JELLO, MILK 5	F HAM & CHEESE SACK LUNCH, MILK 6
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SPRING BREAK 9	SPRING BREAK 10	SPRING BREAK 11	SPRING BREAK 12	SPRING BREAK 13
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HOT DOGS, GLAZED CARROTS, CORN, PEARS, MILK 16	FRITO PIE, CHARRO BEANS, SALSA, SALAD, VEGGIE CUP, MANDARIN ORANGES, MILK 17	CHICKEN NUGGETS, SMILEY FRIES, ROLL, BROCCOLI, MIXED FRUIT, COOKIE, MILK 18	HAMBURGER/CHEESEBURGER W/GARNISH, FRIES, BABY CARROTS, PEACHES, MILK 19	ENRICHMENT DAY 20
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COUNTRY FRIED STEAK, MASHED POTATOES, GRAVY, ROLL, OKRA, STRAWBERRIES, MILK 23	MEAT & CHEESE CHALUPAS, SALSA, CUCUMBERS, REFRIED BEANS, SALAD, APPLESAUCE, MILK 24	CHICKEN TENDERS, FRIES, TX TOAST, BROCCOLI, CARROTS, MIXED FRUIT, COOKIE, MILK 25	FISH STICKS, MAC&CHEESE, COLESLAW, GREEN BEANS, ORANGE SMILES, MILK 26	PIZZA, SALAD, BABY CARROTS, APPLE, COOKIE, MILK 27
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STEAK FINGERS, POTATO WEDGES, ROLL, GRAVY, TOMATO CUP, STRAWBERRIES & BANANAS, MILK 30	SPAGHETTI BOWL, GARLIC BREADSTICK, SALAD, CALIFORNIA BLEND VEGGIES, FRUIT CUP, MILK 31	<p>YOU ART WHAT YOU EAT ART CONTEST</p> <p>The Art Contest Continues! Enter today! Deadline next month! SquareMeals.org/ArtContest</p>		
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GOOD EATS AT

**MENU
SUBJECT TO
CHANGE**

**SPECIAL
ANNOUNCEMENTS**

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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



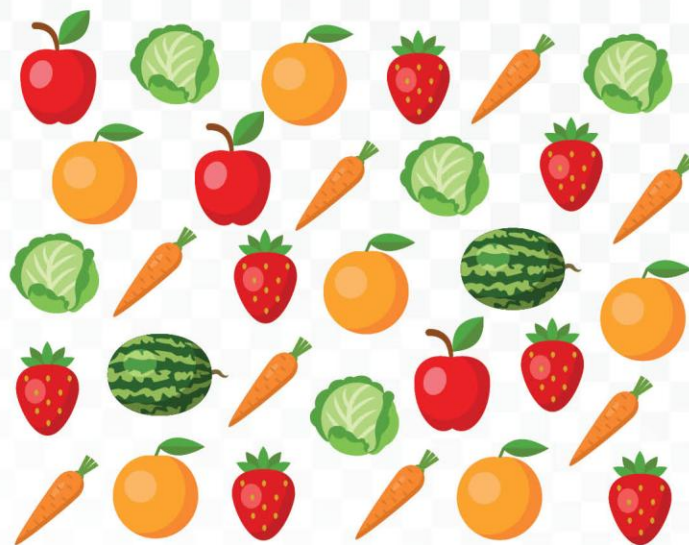
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

POWER BRAIN POWER















JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



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|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |